



Humidex Policy

Practices:

Practices are at the discretion of the coach. If you haven't heard from your coach, assume practice is still being held.

- General guidance for grassroots league: U6, U8: If the humidex is equal to or greater than 37C, 90 minutes before scheduled play, then play shall be cancelled.

Games:

Games will be canceled and rescheduled under the following circumstances:

- U10 & U12: Humidex is 37 or higher
- U14+: Humidex is 40 or higher

This decision is made at the league level for Opeongo Minor Soccer this is the Valley United Soccer League at 4:00 pm based on Environment Canada's projected humidex for 7:00 pm in Pembroke. VUSL designate will be notified by VUSL in the case of a high humidex cancellation and then notify affected managers will contact contact their teams.